## **Technology Policy**

Due to the prevalence of media and technology in all parts of life, we at L'Abri have felt the need to rethink the presence of laptop computers and devices in the midst of our shared life together. While these technologies are very useful, they can also be conscious (or unconscious!) distractions from engagement in community life. Given this reality, we have developed a series of guidelines to help us all navigate the presence of technology in our midst. Our hope is that we can experience a different way of being together: one that encourages the goodness of being human, sharing our lives and ideas, growing, learning, being creative, and having fun together.

These guidelines are meant to assist us in taking full advantage of the blessings of community life at L'Abri:

- 1. All devices (phones, tablets, & laptops) should remain in the bedrooms during work time, study time\*, meals, and all L'Abri activities.
- 2. \*Devices may be used in the library or tile room during study time if you are using them to take notes or stream lectures.
- 3. No tech devices should be used at all in the bedrooms after 10:00 pm.
- 4. If you need to call or message someone, please go outside of the house. We encourage you not to do this during work or study times. In the case of inclement weather, please speak to a worker who will find a private space for you to use.
- 5. We do not offer WiFi for guest use. There is a public library and several coffee shops nearby that you can use on days off (Thursdays) or free evenings.
- 6. Please do not show something on a "screen" to any of the children at L'Abri. We want to respect the role of parents as the ones to monitor and control their children's screen exposure.